



Cotswold Edge Sixth Form



Subject:	BTEC Sport @ Yate	Assessment Point 1 - Coursework
Title of the project:	The attributes of a Sports leader	
Due date: First lesson back September 2018		
Learning skills and their place in the specification	Research and presentation skills – Different leadership roles; activity leader, coach, teacher, instructor, trainer, manager, official, score keeper, first aider. <ul style="list-style-type: none">• Key skills of leaders in sport:<ul style="list-style-type: none">◦ rapport building, confidence, vocal, good communication, authoritative, provide good feedback, motivator, goal setter, collaborator, uses strategies and tactics well, engaging, fearless, forgiving, patient, organised, good listener, good demonstrator.• Key qualities of leaders in sport:<ul style="list-style-type: none">◦ knowledge of sports skills, knowledge of rules and laws, understanding the mental needs of participants, understanding the physical needs of participants, good communication, high confidence, positive, empathy.• Key characteristics of leaders in sport:<ul style="list-style-type: none">◦ committed, patient, driven, goal orientated, empowering, objective, persistent, forgiving, attentive, approachable, consistent, firm, fair.• Application of skills, qualities and characteristics in different roles:<ul style="list-style-type: none">◦ captain – can read the game well, confident, inspires, knowledge of the rules, lead by example, motivates, passionate, praises others, skilful, team mates, uses strategies and tactics well, vocal◦ coach – analysis, delivery, demonstration, feedback, organisation, observation, questioning, rapport building, safety◦ official – authoritative, common sense, communication, consistent, courageous, judgement, knowledge of rules, timekeeper◦ teacher – accountable, adaptable, caring, creative, dedicated, determined, engaging, fearless, forgiving, generous, inspirational, joyful, organised, passionate, patient, resilient, resourceful◦ personal trainer/instructor – adapting, commitment, communication, energy, friendly, knowledge, listening skills, motivator, organisation, outgoing.• Effective use of the skills, qualities and characteristics of a leader.• Leads by example, is ethical, has integrity and potential, has a good sense of humour, is confident, is committed, inspires others, is not afraid to make decisions.	
Specification link	https://qualifications.pearson.com/en/qualifications/btec-nationals/sport-2016.html https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/9781446938096_BTEC_Nat_ExtCert_Sport_SPEC.pdf Unit 4: Sports Leadership	

Tasks set	<p>Create a project that clearly identifies the roles and responsibilities of three different sports leaders and identify how they require different ones due to the nature of their job role. This includes;</p> <p>What is the attribute?</p> <p>Why is it important/not important for that leader?</p> <p>Using the list of qualities, identify how some of them are relevant to each sports leader and how some of them are not important in their job role. This needs to be fully explained in your work and justified. You must compare and contrast the leaders identifying the similarities and differences between the quality requirements.</p>
How this links to the course work specification	<p>Your 1st unit (Sports Leadership) is assessed via course work. This content is the 1st part of the unit specification.</p> <p>Learners will study what makes a good sports leader, the different capacities of the role and the leadership skills and techniques necessary when leading activities in different roles.</p> <p>Learners will be expected to look at the different teaching strategies that can be adopted when leading. They will then plan a one hour lesson in small groups and deliver the lesson to key stage three students. They will then be required to review the session, providing feedback on how they can improve their leadership.</p>
How to complete the task:	<p>You will need to research the subject content areas identified above from the specification and present your findings in a project form – handed in a folder/ booklet.</p> <p>You can lay your project out in any way you prefer, however you should have diagrams/pictures to support when you are saying in your work. This project will be handed in as your first assignment which will be marked by your teacher.</p> <p>As you are completing the project, make sure you are learning what you are researching, as you will have questions to answer on the topics in your 1st lesson back.</p>
Resources or links	<p>https://believeperform.com/coaching/leadership-and-the-role-of-a-leader-in-sports/</p> <p>https://www.livestrong.com/article/438821-characteristics-qualities-of-a-sports-coach/</p>
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Number of learning hours it will take to complete	Minimum 10 hours