# UNCH MENU Week 1 Week beginning: 4/9, 25/9, 16/10, 13/11, 4/12, 8/1, 29/1

### PIZZA MONDAY

### Main meal 1

### **Smokey BBQ Chicken Pizza**

Served with herb diced potatoes and seasonal vegetables **▲** 2, 7

Main meal 2

### **Cheese & Tomato Pizza**

Served with herb diced potatoes and seasonal vegetables ▲ 2

Dessert Fruit and Ice cream ▲ 7

### THEME THURSDAY

Main meal 1 **American Burger** Served with seasoned potato wedges and sweetcorn ▲ 2, 12, 13

### Main meal 2 **Vegetarian Hot Dog**

Served with seasoned potato wedges and sweetcorn ▲ 2

Dessert Cookie ▲ 2,4,7,12

## AVAILABLE DAILY

Wholemeal bread, fresh salads, variety of seasonal fresh fruit, yogurts and jacket potato with choice of toppings



### PASTA TUESDAY

Main meal 1 **Beef Pasta Bolognese** Served with garlic slice ▲ 2

Main meal 2

**Quorn Pasta Bolognese** Served with garlic slice ▲ 2,4

Dessert Lemon Cake ▲ 2, 4, 7

FISHY FRIDAY

Main meal 1 **Breaded Fish** Served with baked chips and peas **▲** 2, 5

Main meal 2 **Cheese and Onion Pasty** Served with baked chips and peas ▲ 2,7

Dessert **Fruity Jelly** Allergen Free

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### **ROAST WEDNESDAY**

Main meal 1 **Roast Gammon** Served with roast potatoes and vegetables ▲ Allergen free

Main meal 2 **Vegetable Bake** 

▲ 2,7

Dessert **Fruity Flapjack** ▲ 2

## ▲ ALLERGEN KEY

- 1. Celerv
- 2. Gluten
- 3. Crustaceans
- 4. Eggs
- 5. Fish
- 6. Lupin

7. Milk





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Served with roast potatoes and vegetables

- 8. Molluscs
- 9. Mustard
- 10. Peanuts
- 11. Sesame
- 12. Soybeans
- **13.** Sulphites
- 14. Tree nuts





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Catering provided by Greenshaw Learning Trust. All products are locally sourced wherever possible. All food is cooked fresh on the school site each day.

# UNCH MENU Week 2 Week beginning: 11/9, 2/10, 30/10, 20/11, 11/12, 15/1, 5/2

### PIZZA MONDAY

Main meal 1

### **Pepperoni** Pizza Served with salad and wedges

▲ 2, 7 Main meal 2 **Cheese & Tomato Pizza** 

Served with salad and wedges **▲** 2, 7

Dessert **Strawberry Mousse** ▲ 7

### THEME THURSDAY

Main meal 1 Mild Creamy Chicken Curry Served with rice and naan bread ▲ 7, 2

Main meal 2 **Sweet Potato Falafel Wrap** Served with rice and mixed salad ▲ 2,4

Dessert **Fruity Jelly** ▲ Allergen Free

# AVAILABLE DAILY

Wholemeal bread, fresh salads, variety of seasonal fresh fruit, yogurts and jacket potato with choice of toppings

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### PASTA TUESDAY

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Main meal 1 Sausage & Tomato Pasta Bake Served with garlic slice ▲ 2, 12, 13

Main meal 2

Mediterranean Pasta Bake Served with garlic slice ▲ 2

Dessert **Orange Sponge Cake** ▲ 2, 4, 7, 12

### FISHY FRIDAY

Main meal 1 **Breaded Fish** Served with baked chips and peas **▲** 2, 5

Main meal 2

**Vegetable Nuggets** Served with baked chips and peas

▲ 2

Dessert **Apple Shortbread** ▲ 2

**ROAST WEDNESDAY** 

Main meal 1 **Roast Turkey** ▲ 2

Main meal 2 **Ouorn Roast** 

▲ 4,7

Dessert **Ice Cream Roll** ▲ 7, 2

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1. Celery

2. Gluten

3. Crustaceans

4. Eggs

5. Fish

6. Lupin

7. Milk



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Served with stuffing, roast potatoes and vegetables

Served with stuffing, roast potatoes and vegetables

### ▲ ALLERGEN KEY

- 8. Molluscs
- 9. Mustard
- 10. Peanuts
- 11. Sesame
- 12. Soybeans
- 13. Sulphites
- 14. Tree nuts





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# UNCH MENU Week 3 Week beginning: 18/9, 9/10, 6/11, 27/11, 2/1, 22/1

PIZZA MONDAY

Main meal 1 **Cheesy Ham Pizza** Served with seasoned potato wedges and mixed vegetables **1**2,7

Main meal 2 **Cheese & Tomato Pizza** Served with seasoned potato wedges and mixed vegetables ▲ 2,7

Dessert Cocoa & Vanilla Mousse ▲ 2

### THEME THURSDAY

Main meal 1 **Chicken Goujons** Served with vegetable rice and dip selection **1** 

Main meal 2 Sweet and Sour Quorn Served with vegetable rice **1** 

Dessert **Assorted Ice Cream** ▲ 7

## AVAILABLE DAILY

Wholemeal bread, fresh salads, variety of seasonal fresh fruit, yogurts and jacket potato with choice of toppings

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# PASTA TUESDAY

Main meal 1 **Chicken Pasta Bake** Served with green beans ▲ 2,1

Main meal 2

**Cheesy Pasta** served with green beans ▲ 2,

Dessert **Beetroot Brownie** ▲ 2, 4, 7, 12

## FISH FRIDAY

Main meal 1 **Breaded Fish or Salmon Fishcake** Served with chips and peas ▲ 2, 4, 7, 5

Main meal 2

**Cheese Omelette** Served with chips and peas ▲ 4, 7

Dessert **Toffee Sponge** ▲ 2, 4, 7, 12

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**ROAST WEDNESDAY** 

Main meal 1 Sausage Roast ▲ 2, 4, 7

Main meal 2 **Vegan Sausage** ▲ 2, 4, 7, 12, 13

Dessert **Fruit Jelly** ▲ Allergen free



- 1. Celery
- 2. Gluten
- 3. Crustaceans
- 4. Eggs
- 5. Fish
- 6. Lupin
- 7. Milk



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Served with Yorkshire Pudding, roast potatoes and vegetables

Served with Yorkshire Pudding, roast potatoes and vegetables

- 8. Molluscs
- 9. Mustard
- 10. Peanuts
- 11. Sesame
- 12. Soybeans
- **13.** Sulphites
- 14. Tree nuts

